



Aston Fields Middle School

Striving for Excellence: Learning for Life

July 2026

Dear Parents/Carers,

Summer Information and Support

As we approach the final weeks of the academic year, we wanted to inform you of some support, advice and opportunities that are available to you and your families within our local community and beyond.

Water Safety

We will all be aware of recent tragedies around the country where young people have unfortunately died or become seriously ill after jumping into water such as lakes, rivers or quarries. This week, all pupils attended a water safety assembly, presented by staff from Bromsgrove Leisure Centre, as part of the Royal Lifesaving Society's campaign. Children were taught about cold water and its hazards, how to recognise flags displayed at beaches by lifeguards and how to get help if they, or someone they know, are in danger. There is lots more advice available in the leaflet we have attached or at their website [RLSS Water Safety](#)

Stop It Coming Home Campaign and Show Racism The Red Card

There is much excitement around the World Cup at the moment. However, many charities and community groups are raising awareness of the negative impact this period of time can have on some people.

Show Racism the Red Card and Kick It Out are leading anti-racism education charities who campaign to ensure no form of discrimination remains in the game of football. They have combined forces to create a team poster with England players to share this important message. More information about their work is detailed in the website below.

[Kick It Out poster](#)

Many domestic abuse charities and West Mercia Police are seeking to make people aware that the World Cup season is not always a safe and happy time for families. They report that incidents involving domestic abuse rise by 26% when England play and 38% when England lose. There are several campaigns including Stop It Coming Home and Women's Aid who are working to highlight this and offer support for families who are affected. There is some very helpful advice and support available in the websites listed below. We would encourage you all to look out for any signs of domestic abuse with people you know, and share information about these avenues of support if needed.

[Stop It Coming Home Campaign](#)

[Women's Aid](#)

continued over/



ACE School of
CHARACTER

Headteacher: Mrs A. Hales BSc (Hons), PGCE, NPQH
Deputy Headteacher: Mrs J. Birrell BSc (Hons), QTS
Deputy Headteacher: Mr G. Hall BA (Hons), PGCE, NPQSL
Drummond Road, Bromsgrove, B60 2ET

Email: office@astonfields.worcs.sch.uk Website: www.astonfields.worcs.sch.uk Tel: 01527 876026

Summer Camps – The Hub

The Hub in Bromsgrove are hosting a range of holiday camps for the summer period. They have spaces for children aged 5-9 and 8-13 at Charford First School and a SEND Holiday Camp for children aged 11-16 at The Hub. There is a cost to these but there are also some spaces that are free through HAF. If you are interested, please see the attached leaflets for details of how to book or email info@thehubbromsgrove.org. Their website has lots more details of all the dates they are offering.

[The Hub Holiday Camps](#)

Holiday Activities and Food (HAF) Programme

This is a funded programme to enable families who are in receipt of free school meals to attend activities and experiences in the summer holidays. It aims to provide free places for children to attend with a healthy meal or snack included. Bookings for these are now open and more details can be found on the website below.

[HAF programme](#)

Support for families at New Starts

New Starts is a local charity in Bromsgrove, offering a range of services for families. This includes a community supermarket, a school uniform bank offering free uniform, reused furniture and white goods and an emergency food bank. More information about the days and times is available on their website.

[New Starts](#)

Donated Uniform

As we approach the end of the school year, many of you will be considering what items of uniform your child has grown out of and planning to make new purchases. We are always keen to hold a stock of good quality second hand uniform in school that we can use throughout the school year for some of our children and families to use or for us to sell at school events for a small donation. If anyone has any uniform that you can no longer use but still has some life in it, please consider donating it to school before we break up so we can make good use of it.

We hope these resources and information will be of some support and interest to you but please share them with other family and friends who may not have access to this. If we can help in any other way, please do not hesitate to contact us.

Kind regards,



Mrs Mynott
Assistant Headteacher/Designated Safeguarding Lead



EVERYONE

WANTS TO BE SAFE THIS SUMMER...

...RESPECT THE WATERS

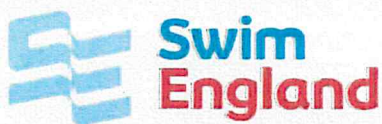
If you got into trouble in the water, would you know what to do?

What about if it was someone you care about in danger?

Find out how to keep you and your loved ones safe with advice from the RNLI and Everyone Active.

STAYING SAFE AT THE BEACH

-  **RED AND YELLOW FLAGS** will show the safe places to swim, body board and use inflatables on the beach. You will often see a lifeguard positioned between the red and yellow flags
-  **RED FLAG** is the sign for danger and means **NO SWIMMING**. Never go in the water when the red flag is flying, under any circumstances. Possible reasons may be fog, large waves or pollution
-  **BLACK/WHITE FLAG** for hard surf craft including surfboards, kayaks, canoes and other craft without engines. Never swim or body board in this area
-  **ORANGE WINDSOCKS** indicate offshore winds blowing out to sea or strong wind conditions – never use an inflatable when the sock is flying

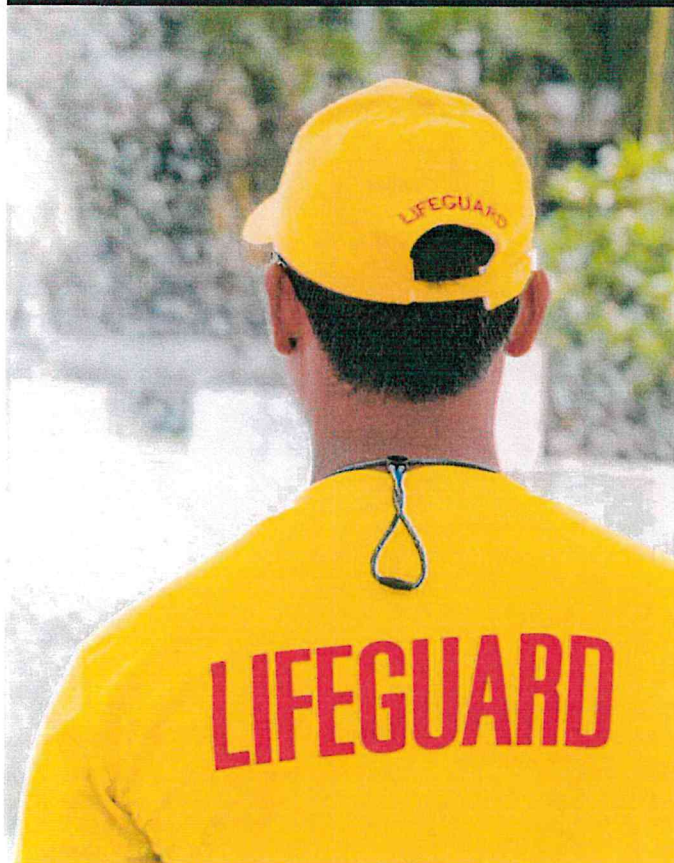


LISTEN TO YOUR HELPFUL LIFEGUARD

Lifeguards are there to help you to stay safe by seeing the dangers, preventing accidents before they happen and responding instantly. They wear a red and yellow uniform, sometimes in black wetsuits, with Lifeguard clearly marked on the back.

Where to find your helpful lifeguard

- At the Beach Lifeguard Unit – a white hut at the beach with an RNLI flag
- They patrol along the shoreline and between the red and yellow flags
- On larger beaches they may be on the sand in a white or red truck
- Wardens operate, patrol and rescue services at large inland lakes



COLD WATER AND HAZARDS

- Be aware that there are hazards that you may not be able to see
- Sea and inland water is cold and will make swimming more tiring and difficult
- Most inland and coastal water is less than 15°C
- Rocks and other objects could be hidden under the water
- Tides and water currents can be very strong and change without warning
- If you plunge into cold water, breathing is difficult – remain calm
- Enter water gradually and keep your head out of the water until breathing has settled

WHAT TO DO IF YOU GET IN TROUBLE

- Put your hand in the air and signal for help
- Tread water, kick your legs and try to keep your head above water
- If you have a body board or surf board, hang onto it – it will help keep you afloat and make you easier to find
- Wear a leash/wrist strap connected to your body board and keep it attached

If someone else is in trouble:

- Alert a lifeguard as quickly as you can. Look for them near the red and yellow flags, their truck or at the Beach Lifeguard Unit
- If there are no lifeguards, call 999 or 112 and ask for the coastguard on the coast, the fire service inland. Tell them where you are, what the problem is and how many people are involved
- Stay in the area in case they need to speak to you again
- DO NOT try to rescue the person yourself

KEY SKILLS THAT COULD JUST SAVE YOUR LIFE!

F

Fight your instinct to panic and swim hard

L

Lean back into the water to keep your airway clear

O

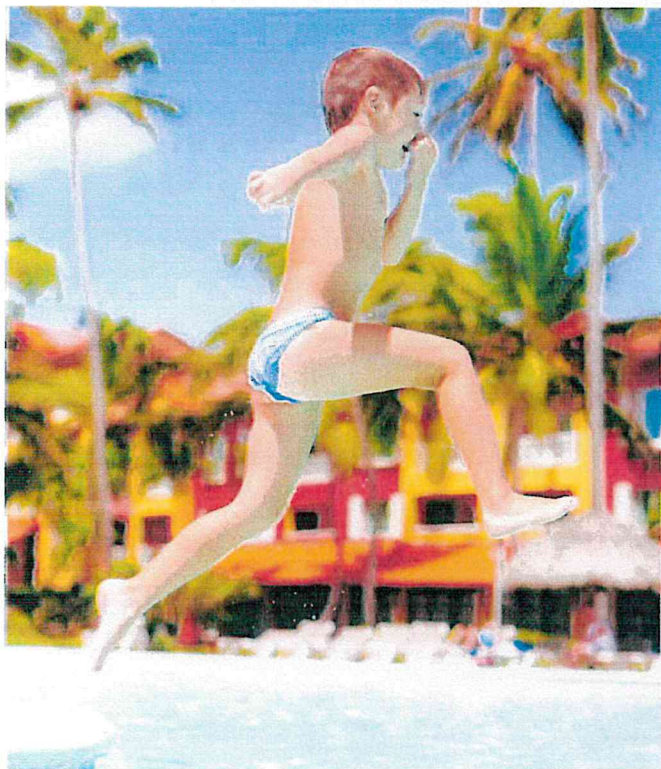
Open your body up and extend your arms and legs, pushing your stomach up

A

ACTION - gently moving your hands and feet will help you float

T

TIME - In 60 to 90 seconds, you will be able to control your breathing



HELP US PROMOTE WATER SAFETY

Help us spread the word about the importance of staying safe in the water by creating an engaging poster.

Share your finished post with us on Facebook by using the hashtag #easafeswimming.

Make your poster really stand out by using bold colours, punchy words and different materials.

Keep an eye on our Facebook page as we'll reshare as many as we can!

Scan the code to find our page



LEARN TO SWIM
WITH
everyone ACTIVE



SCAN ME FOR AVAILABILITY



or visit joinonline.everyoneactive.com/lessons

HELPING TO KEEP **EVERYONE** SAFE IN THE WATER



LEARN TO SWIM WITH AWARD-WINNING LESSONS FROM THE UK'S LEADING PROVIDER

We all love to swim! Not only does being able to swim allow you to enjoy your time a little bit more on holiday, but the most important reason is that swimming is the only sport which can save you or your child's life.

Why learn to swim with us?

- Learn from four months old
- Adult lessons available
- Available up to seven days a week
- All teachers are Swim England or equivalent qualified
- Pay monthly by Direct Debit
- Follow your child's progress on our interactive Aqua Passport

**DROWNING IS STILL
ONE OF THE MOST
COMMON CAUSES
OF ACCIDENTAL DEATH
IN CHILDREN, SO
BEING ABLE TO SWIM
IS AN ESSENTIAL
LIFE-SAVING SKILL.**

For details of your nearest centre, visit
www.everyoneactive.com

everyone
ACTIVE

For Ages 5-9 only



Department
for Education

Charford First School & The Hub



Summer Holiday Camp
Mondays to Thursdays
20th Jul - 13th Aug

9am - 3pm £25 per day

OR

8.30am - 5pm £37per day



**Join us for Arts, Crafts, Music, Sports,
Games, & More!**



Only for Children who attend Charford First School

Charford First School, Charford Road,
Bromsgrove B60 3NH



Bromsgrove Youth and Community Hub

**Book and
Pay here:**



**contact: info@thehubbromsgrove.org
07353 739896**



HAF it!

Age
8-13

THE HUB

Bromsgrove Youth and Community Hub



Department
for Education

Summer Holiday Camp

Mondays to Thursdays
20th Jul - 13th Aug

**Book
& Pay
Here:**

FOR FREE HAF PLACES

[CLICK HERE](#)



9AM - 3PM £25

OR

8.30AM - 5PM £37

**per
day**

NEW VENUE!

**CHARFORD FIRST SCHOOL,
BROMSGROVE, B60 3NH**

CONTACT INFO@THEHUBBROMSGROVE.ORG

07353739896

HAFit!

Age
11-16

THE HUB

Bromsgrove Youth and Community Hub



Department
for Education

SEND

Summer

Holiday Camp



**Book &
Pay
Here:**

Tues 21st Jul - Thurs 13th Aug
Every Tues - Wed - Thurs



HAF places available

PLEASE NOTE: WE ARE UNABLE TO
SUPPORT WITH 1-1 OR PERSONAL CARE

9AM - 3PM

£30

OR

8.30AM - 5PM

£40

**per
day**



**THE HUB, 22 MARKET STREET,
BROMSGROVE B61 8DA**

**EMAIL INFO@THEHUBBROMSGROVE.ORG
FOR ENQUIRIES**