



LUNCH MENU

**WEEK
1**

**TRADITIONAL
OPTION 1**

**TRADITIONAL
OPTION 2**

JACKET BAR

CARBS

COLD DELI COUNTER

HOT DELI COUNTER

**CLASSIC
DESSERT**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Gyro Pitta	BBQ Pulled Quorn Taco (v)	Roast Chicken, Stuffing & Gravy	Ocean Friendly Fish Selection	Wholemeal Cheese & Tomato Pizza (v)
Authentic Pitta Pizza (v)	Chicken Nuggets 🌱	Cheesy Cauliflower & Tender Broccoli Bake & Gravy (v)	BBQ Plant Based Meatball Sub (ve)	Tandoori Chicken Wrap
Jacket Potato served with a choice of Baked Beans, Cheese or Tuna Mayo				
Mexican Rice	Herby Diced Potatoes	Mashed & Roast Potatoes	Chips	Potato Wedges
A selection of cold deli options will be available daily				
Chicken & Rice Pot	French Bread Pizza (v)	Cheese & Tomato Panini (v)	BBQ Quorn & Cheese Melt (v)	Chicken Fajita
Mini Doughnut	Chocolate Brownie 🌱	Muffin Selection	Fruity Jelly	Vanilla Iced Sponge



Food Allergen & Intolerance Information
Before ordering speak to our staff
about your requirements

ALL SERVED WITH...
A choice of two vegetables, fresh fruit & fruit yoghurts
Bob Snail fruit rolls & strips or ice cream & sorbets



SHIRE | **FRESH**
services | dining



LUNCH MENU

WEEK
2

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JACKET BAR

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COLD DELI COUNTER

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**CLASSIC
DESSERT**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatballs in Tomato Sauce	Fruity Chicken Taco	Roast Beef, Yorkshire Pudding & Gravy	Ocean Friendly Fish Selection	Wholemeal Cheese & Tomato Pizza (v)
Vegetarian Sausage Sizzler (v) & Gravy	Classic Favourite Sausage Roll (Ve)	Roasted Vegetable Parcel (v)	Crispy Quorn Dippers (v)	Mediterranean Chicken Wrap
Jacket Potato served with a choice of Baked Beans, Cheese or Tuna Mayo				
Mashed Potatoes	Herby Diced Potatoes	Mashed & Roast Potatoes	Chips	Potato Wedges
A selection of cold deli options will be available daily				
Cheese & Bean Wrap (v)	French Bread Pizza	Tomato & Vegetarian Sausage Pasta Pot (v)	Jumbo Hot Dog	Beef Burger
Waffles	Cookie Selection	Muffin Selection	Fruit Sorbet	Chocolate Brownie 🌿



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LUNCH MENU

WEEK
3



**TRADITIONAL
OPTION 1**

**TRADITIONAL
OPTION 2**

JACKET BAR

CARBS

COLD DELI COUNTER

HOT DELI COUNTER

**CLASSIC
DESSERT**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Bolognese 🌿	Original Chicken Tikka Masala 🌿	Oven Baked Sausage, Mash & Gravy	Ocean Friendly Fish Selection	Wholemeal Cheese & Tomato Pizza (v)
Country Garden Vegetable Bake (v)	Spanish Style Quorn Paella (v)	Golden Cheddar Cheese & Potato Pie (v)	Oven Baked Mac 'n' Cheddar Cheese (v)	BBQ Chicken Wrap
Jacket Potato served with a choice of Baked Beans, Cheese or Tuna Mayo				
Herby Diced Potatoes or Wholewheat Pasta	Rice		Chips	Potato Wedges or Rice
A selection of cold deli options will be available daily				
Fish Finger Flatbread	French Bread Pizza	BBQ Chicken Hot Baguette	Cheese & Tomato Panini (v)	Cheese & Bean Panini (v)
Shortbread Selection	Chocolate Crown	Ice Cream	Fruity Jelly	Cookie Selection



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