



# Aston Fields Middle School

Striving for Excellence: Learning for Life

September 2025

Dear Parents/Carers,

It was wonderful to welcome the Year 7 pupils back to Aston Fields Middle School last week. All pupils have started school looking extremely smart and it is wonderful to see them all wearing the Aston Fields Middle School uniform with pride.

I have been asked to provide some clarity regarding the PE kit and what and when it should be worn. I hope that the following information will provide this.

## PE Days

All pupils have PE timetabled twice a week. On these days, your child will need to come to school wearing their PE kit and they will remain in this kit all day. They must wear the full, branded Aston Fields Middle School kit. This consists of the following items, for all pupils:

- Navy AFMS polo shirt
- Navy AFMS ¼ zip or navy AFMS hoodie (these items are compulsory but only needed on cooler days as no other jumper or jacket is acceptable)
- One of the following
  - Navy AFMS branded shorts
  - Navy AFMS branded skort
  - Navy AFMS branded sports leggings
  - Navy AFMS branded long trackpants
- Navy AFMS house socks in the correct house colours (these are compulsory as they are the only item of PE kit that depict a pupil's house)
- Trainers (suitable for sport not hi-tops/converse etc)

Your child may also need other equipment, for example shin pads or football boots, but it will be made clear to your child when these will be needed.

Our PE kit cannot be substituted with other items such as short, tight-fitting shorts or plain black joggers etc.

If pupils choose to come in PE kit on days other than their timetabled PE days, parents/carers will be contacted to bring in the correct uniform or we will provide uniform for them to change into. For clarity, the days each class has PE are listed below:

- **7HW – Tuesday and Wednesday**
- **7TB – Thursday and Friday**
- **7AC – Monday and Thursday**
- **7MD – Tuesday and Thursday**
- **7SM – Monday and Tuesday**

/continued over



ACE School of  
**CHARACTER**

**Headteacher:** Mrs A. Hales BSc (Hons), PGCE, NPQH  
**Deputy Headteacher:** Mrs J. Birrell BSc (Hons), QTS, SLE  
**Deputy Headteacher:** Mr G. Hall BA (Hons), PGCE, NPQSL, SLE  
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### **Before School Clubs**

If your child is taking part in a before school club, they must come to school wearing their normal school uniform (unless it is a PE day as listed above). They may wear trainers during the club if they wish, but they must change into their school shoes prior to the start of the school day.

### **After School Clubs**

If your child is taking part in an after-school club, they must come to school wearing their normal school uniform (unless it is a PE day as listed above). They need to bring their school PE kit with them and they will be allowed access to the changing rooms at 3.30pm to change into their PE kit. Can I please make a final plea for you to ensure all of your child's uniform, both regular and PE, is clearly marked with your child's full name. We were left with so much unnamed uniform last year and it is near impossible to re-unite pupils with their lost belongings, if it is not named.

Thank you for your continued support.

Your sincerely,



Mr G Hall  
Deputy Headteacher