



Aston Fields Middle School

Striving for Excellence: Learning for Life

July 2024

Dear Parents/Carers,

Support and Opportunities for Families during the Summer

As we approach the end of term, we wanted to inform you of some opportunities and support that is available to you and your family during the Summer holiday period.

The Hub Summer Holiday Club This is being run during 4 weeks of the holiday period. They are holding sessions for four days per week, at a cost of £15 a day or £45 for the full week. There are some free places available. Please see the attached leaflet for contact details and how to book any places.

Restaurant/Café food offers A lot of cafes are offering special offers to families during the summer period, including free main courses or kids' meals for as little as £1. Please see the attached poster which details all the places where families can benefit from the special offers.

Sanders Park free events Throughout August there are a range of free activities including circus skills, skateboard and scooter squad and drumming workshops at Sanders Park. More information can be found at the website address in this link.

<https://www.bromsgrove.gov.uk/things-to-do/events-places-to-visit/summer-fun/>

Summer Parenting Workshops The Starting Well Partnership are hosting a range of free 2-hour workshops for parents and carers to support you to understand a range of topics. These cover Fussy Eaters, Sleep (up to 12 yr olds), Children's Behaviour and Understanding a Teen's Brain. Please use the QR code on the attached leaflet for more information and booking.

Safeguarding Concerns

While we are on the summer break, we want to assure you that there is still support available if you are concerned about the welfare or safety of any child or you need some support yourself. During this time, there is an email address that you can contact us through to share any concern. This will be monitored by a small number of key staff, once every 2-3 days during the holiday period. You can make contact by emailing safeandwell@astonfields.worcs.sch.uk if you need to seek some advice.

If you have concerns that need addressing immediately, please contact through these channels:

- **Family Front Door** : 01905 822666 (core working hours) 01905 768020 (Out of hours or at weekends)
- To submit an online referral to **Children's Social Care** visit [Refer to Children's Social Care | Worcestershire County Council](#)
- **Police** - Call 999 in an emergency, e.g. when a crime is in progress, when there is danger to life or when violence is being used or threatened. For less urgent issues call local police on 101.

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ACE School of
CHARACTER



Headteacher: Mrs A. Hales BSc (Hons), PGCE, NPQH
Deputy Headteacher: Mrs J. Birrell BSc (Hons), QTS, SLE
Deputy Headteacher: Mr G. Hall BA (Hons), PGCE, NPQSL, SLE
Drummond Road, Bromsgrove, B60 2ET

Email: office@astonfields.worcs.sch.uk Website: www.astonfields.worcs.sch.uk Tel: 01527 876026

We hope these opportunities will be helpful to you but please also share with other friends and family if you feel it would be of interest to them. Can we take this opportunity to wish you a safe and relaxed summer holiday period and we look forward to welcoming you back in September.

Kind regards,

A handwritten signature in blue ink, appearing to be 'H. Mynott', written in a cursive style.

Mrs H Mynott
Assistant Headteacher/Designated Safeguarding Lead



Summer Holiday Camp

For ages 8 -13 years

Week 1:

Tues 23rd July -
Fri 26th July

Week 2:

Mon 29th July -
Thurs 1st Aug

Week 3:

Mon 5th Aug -
Thurs 8th Aug

Week 4:

Mon 12th Aug -
Thurs 15th Aug

**9.30am - 3.30pm at St John's
Middle School, B61 7DH**

Enjoy fun activities including

- Sports
- Arts
- Games
- Food related activities
- External provider workshops
- Trips out
- and much more!



Prices: £15 per individual day or £45 per week, per young person.

Entire 16 days is £180 per young person.

FREE spaces for young people in receipt of school meals through HAF.

To book, please Email Dan Owen on Do@thehubbromsgrove.org



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE SUMMER HOLIDAYS 2024

moneysavingcentral.co.uk/kids-eat-free

LAS IGUANAS

Join 'My Las Iguanas' via the App & Niños eat free with every adult main

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

IKEA

Kids get a meal from 95p daily from 11am

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

TESCO CAFES

1 Free Kids meal with every 60p Spend. Available from July 1st Scotland and NI - from July 22nd England & Wales

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

YO! SUSHI

From Monday 1st July - Friday 30th August 2024, kids eat free all day Mondays to Fridays at YO! Sushi (min adult spend £10).

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

COCONUT TREE

One child (aged 10 and under) eats free per paying adult. Valid Daily, 12pm - 6pm from Monday 22nd July to Friday 6th Sept 2024.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.



Starting Well Partnership
EVERY CONTACT SHAPES A LIFE

Sleep Workshop

Want to understand more about sleep & bedtime routines? Within this 2 hour workshop, we explore why sleep is important, how we can help develop good bedtime routines & get a restful night's sleep. Suitable for those with children aged 12 months - 10 years.

- Why is sleep important?
- What happens when we don't get enough sleep?
- Naps
- Bedtime routines & healthy habits
- Night-time waking
- Rewards & positive praise

These workshops run across the county. Book by scanning the QR code to visit www.trybooking.com/uk/eventlist/startingwellpartnership



Provided by:

NHS
Herefordshire and Worcestershire
Health and Care
NHS Trust

In partnership with:



EVERY CONTACT SHAPES A LIFE



Starting Well Partnership
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Understanding your Teen's Behaviour Workshop

Tools & tips to live a calmer life with your teenagers.

- Teen brain development
- Risk taking
- Communication
- Sleep patterns

Suitable for families with children from 10-19 years

2 hour online workshop:

These workshops run across the county. Book by scanning the QR code to visit www.trybooking.com/uk/eventlist/startingwellpartnership



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Understanding your Child's Behaviour Workshop

Do you have a child aged 2 - 10 years?

FREE One-off sessions available to parents & carers

1 x 2 hour session on Microsoft Teams -

Digital session (Book for one of the workshops below)

Thursday 23rd May 9.30 - 11.30am

Monday 17th June 6 - 8pm

Tuesday 2nd July 12.30 - 2.30pm

These workshops run across the county.

Book by scanning the QR code to visit

www.trybooking.com/uk/eventlist/startingwellpartnership



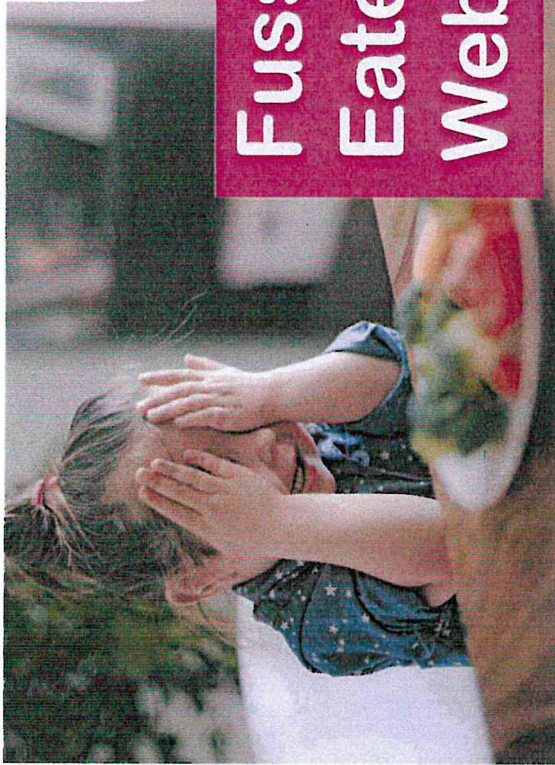
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Fussy Eaters Webinar

As parents/carers we want our children to eat well and to enjoy mealtimes together.

Come along and get support and new ideas:

- How to encourage your child to try new foods - and begin to enjoy them!
- Child-friendly foods that provide what they need to grow and be healthy
- Happier family mealtimes

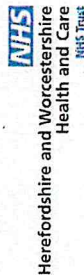
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